

DAY TWENTY EIGHT

Daily Bible Reading: Proverbs 31:10-31

We all know this passage pretty well, I'm sure. It's the story of the virtuous woman. Notice: She's not a woman of fame, face, figure, or finances, but a virtuous woman. A "morally excellent" woman.

Did you notice when reading this passage, it doesn't talk about how much she weighs, or what size garments she wears? Why do you think that is? I'm thinking it's because that's not what really matters here. What is being said about her all has to do with her entire being - her work ethic, her heart, her love, her strength, and her family. She shows love toward others, she works hard in all that she does, her husband can trust her, she fulfills his needs and she cares deeply for her children.

She is loved and praised by her family and her children. She is blessed. And not because she's a size 4 and super skinny, but because of who she is.

Ladies, never lose sight of the woman God wants you to be. I know our time is drawing to a close with our last weigh in being tomorrow, but I don't ever want you to forget the importance of being a woman of God. Look at verse 30: *"Favour is deceitful, and beauty is vain, but a woman that feareth the Lord, she shall be praised."*

Does that mean we should live our lives in yoga pants and ratty t-shirts because "beauty is vain"? Absolutely not. I think we should strive to be our best in everything we do. Sure, we'll all have our yoga pants and ratty t-shirt moments, but we should also make sure we take time to spruce ourselves up a bit before going out. When we look good, we feel good. I don't think there's anything wrong with putting on a little lipstick to brighten up our face. ;)

But even more than lipstick, even more than what we wear, we need to be a woman who fears the Lord. Women who will stand for what is right, and honor God with ALL of our choices. In the end, that's what matters. The person we are right now is the legacy we will leave behind.

What does your legacy say about you?

Daily Questions:

1. What is your favorite characteristic of the Virtuous Woman? Do you see that characteristic in yourself?

2. What type of legacy do you want to leave behind?

Today's Task:

Exercise at least 30 minutes and drink 8 glasses of water. Write here what you did.
